

OTLEY PARENT SUPPORT GROUP AND WORKSHOPS

Join us for friendly and Informal Support, Advice and Guidance

Venue: Cross Green Community Centre, LS21 1HD

TERM-TIME (9.30-11.00am)



**Parent/Carer support groups
(all welcome)**

**Tuesday 21st January
Meltdowns v Tantrums**

**Tuesday 25th February
Sleep Advice**

**Tuesday 18th March
Anxiety: In children & Adults**

**Neuro Diversity Parent/Carer
support group
For families with ND children
(no diagnosis necessary)**

**Tuesday 7th January
Information on Autism
(Speaker)**

**Tuesday 4th February
Fact Finding- Sensory Processing**

**Tuesday 4th March
Do you know ADHD?**

For more information: Contact Lisa on 07510079959