



# Otley All Saints C.E Primary School

*‘Learning, Love and Laughter Every Day’*

## PSHE

*Curriculum Statement: “Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils’ education. It can encompass many areas of study. We believe in tailoring our PSHE curriculum to suit the needs of our children. Our PSHE education programme will equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions, whilst also linking to The British Values. It will also build, where appropriate, on the statutory content outlined in the national curriculum, equipping our children with skills and understanding of being good citizens to one another, including global citizenship.”*

<p><b>Intent</b></p>	<p>At Otley All Saints C.E. Primary School, we recognise and value the importance of the skills our children learn and the attitudes they develop in PSHE in everyday life. Our aim is to equip children with the relevant knowledge, skills and attitudes to manage their lives now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in a modern and ever changing world. When taught well, PSHE education helps pupils to achieve their academic potential, and leave us equipped with skills they will need throughout later life. From Nursery to Year 6, we provide a curriculum which enables all children to grow into thoughtful, confident, caring, kind, considerate and tolerant young people. We also want our children to have an awareness of the global challenges that the world faces and have a deep awareness and understanding of the sustainable global goals. Essentially, we want our children to be global citizens of the future. We know that education plays a central role in achieving the targets of the SDGs (Sustainable Global Goals). Our PSHE curriculum develops children’s SMSC knowledge and understanding. Reference to the SDGs, along with SMSC, are threaded in PSHE lessons where appropriate to help children have an awareness of world-wide global connectedness and develop an appreciation of global citizenship of the world and having appreciation and respect for all global communities and the challenges that they face.</p>
<p><b>Implementation</b></p>	<p>We consider it unnecessary to provide standardised frameworks or programmes of study in PSHE alongside flexibility for teachers to adapt their year group’s curriculum to the needs of particular cohorts of children.. In Foundation Stage the EYFS Development Matters for PSED (personal, social and emotional development) is split into three strands: self regulation, managing self and building relationships. Children learn through carefully planned play opportunities in the indoor and outdoor areas of provision. These are supported through sensitive interactions by staff, supporting the development of skills and attitudes so that all children can thrive, develop healthy relationships, show resilience and manage their own personal needs.</p> <p>In KS1 and KS2, we follow the Islington scheme You, Me and PSHE and the Mindmate programme. This provides us with a clear and progressive PSHE curriculum which is divided into seven different strands: Sex and relationships education, Drugs, alcohol and tobacco education, Keeping safe and managing risk, Mental health and emotional wellbeing, Physical health and wellbeing, Careers, financial capability and economic well being, Identity, society and equality.</p> <p>The Mindmate programme is a whole school approach to Social Emotional Mental Health (SEMH) which aims to develop a whole school approach to creating spaces where all children feel safe to talk about how they feel and where staff feel confident that they can respond and signpost effectively. The programme is divided into six strands, one to be taught each half term; Feeling good and being me, Friends and family, Life changes, Strong emotions, Being the same, being different, Solving problems / making it better.</p> <p>Relationships education is an important element of our PSHE curriculum. Our focus is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. Pupils are taught about what a relationship is, what friendship is, what family means and who the people are who can support them. Children are taught how to take turns, how to treat each other with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving, and the concept of personal privacy. Establishing personal space and boundaries, showing respect and understanding the differences between appropriate and inappropriate or unsafe physical, and other, contact. This is detailed in our SRE policy document.</p>
<p><b>Impact</b></p>	<p>We encourage our children to fully enjoy and engage with the curriculum enthusiastically and confidently and question what they are being taught. They will develop the essential knowledge that they need to be educated citizens and will be equipped with the skills to be a good friend, enjoy loving and caring relationships, understand how to keep physically and mentally safe and healthy and be developing ideas about economic well being. We hope our children will also want to make a difference to the global world and have developed an appreciation for people from different cultures and apply their personal development of mutual respect towards people globally.</p>